Discover a New World with Phillip Martin's "A Taste of My World Cookbook" Vol. 1

Imagine a cookbook where every recipe invites you to experience a journey abroad. Phillip Martin's *A Taste of My World Cookbook Vol. 1*, it is like discovering the world in a new way. Every recipe begins with one of his colorful experiences and includes a sampling of his amazing photography and an original graphic map.

Think of it, when friends gather to enjoy a meal you have prepared with Phillip's recipes, you can spice up the conversation by sharing his stories about the unusual foods and why he chose it for his cookbook. For example, when you prepare Chocolate, Pear and Yogurt Cake, you can share the story of a teacher who invited Phillip to France -- where he ended up staying with her family -- learning this recipe from her son after painting a mural at her school.

Phillip Martin is the first to admit his collection of recipes is truly unusual. "The smells and tastes in these recipes bring me back to people and places around the globe. Each dish is more than just food. There is a story that goes along with the recipe. So, not only is there a wonderful taste of the world to savor with each bite, there is extra warmth in my heart. I hope you will enjoy a taste of my world."

Phillip invites you to discover how exciting it is to select a recipe from another country and learn more about the world. "The experiences I gather in my world travels are not the way most people I know travel. The recipes, and the stories that accompany them, may help the reader see the world in a whole new light."

A Taste of My World Cookbook, Vol. 1 includes recipes from Port au Prince, Haiti; Piedras Negras, Mexico; Galapagos Islands, Ecuador; Aix-en-Provence, France; Potchefstroom, South Africa; Manila, Philippines by way of Mexico; Zwedru, Liberia; Rovaniemi, Finland; Casablanca, Morocco and from Ohio, USA.



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PR Page 2 Phillip Martin's "A Taste of My World Cookbook, Vol. 1

Philip is a lifetime educator and artist who has made his book exclusively available at <u>www.safetolearn.com</u> as part of the Safe to Learn Community project, dedicated to improving education by fostering /cultivating safe learning environments for children.

To purchase your own copy and support the Safe to Learn community, go to http://www.safetolearn.com/store/p8/A_Taste_of_My_World_Cookbook%2C_Vol_1%2C http://www.safetolearn.com/store/p8/A_Taste_of_My_World_Cookbook%2C_Vol_1%2C http://www.safetolearn.com/store/p8/A_Taste_of_My_World_Cookbook%2C_Vol_1%2C http://www.safetolearn.com/store/p8/A_Taste_of_My_World_Cookbook%2C_Vol_1%2C

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Q &A with Phillip Martin

 Why did you decide to write "A Taste of My World Cookbook, Vol. 1"? It's really kind of a natural process - except for the cooking part. The book combines photos, stories, drawings and recipes from many years of travels. The new experience for me is I'm now making the dishes that I've filed away for years. Each taste helps me relive some very wonderful times in my life.

2. How did you come up with the title - "A Taste of My World"?

I don't travel like most people. The experiences I gather in my world travels are not the way most people I know travel. The recipes, and the stories that accompany them, may help the reader see the world in a whole new light.

3. What do you hope the readers will discover from your cookbook?

Travel is much more than staying in a nice hotel and seeing the sights. If you can find a way to make local connections, you'll have a much richer experience to share.

4. Is there anything you would like to share with your readers?

If you travel to another country, learn how to say "hello" and "thank you" in the local language. It opens a lot of doors. And, if one of those doors includes food, ask for the recipe. It may be a challenge to get it all written in English, but you'll get a treasure and your host will be so pleased that you liked their dish that much.



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Inside Phillip's Cookbook...

Miriam's Carrot Cake

Manila, by way of San Francisco and Mexico

If you want to make this carrot cake, whisk all of your dry ingredients together in a large bowl. I happen to have a wonderful ceramic bowl from Morocco. So, instead of whisking, I stir things up in a souvenir that brings with it a whole lot of special memories.



A Taste of My World, Vol. 1 by Phillip Martin © Photos & Graphics by Phillip Martin



But, what are those dry ingredients? And, what other goodies go into this recipe to die for? For that information, you're going to have to get the cookbook.





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Phillip Martin – Artist, Muralist, Teacher & Author

Muralist for <u>deserving walls</u> around the world. The walls range from schools to a burn center, orphanages to community centers, in Albania, Belgium, Belize, Costa Rica, the Democratic Republic of the Congo, Ecuador & the Galapagos Islands, Estonia, France, Haiti, Honduras, Mexico, Namibia, Nicaragua, Paraguay, Peru, Romania, South Africa, Swaziland and the United States. Feel free to contact me if you would like to commission a project.

Self-Employed - Ohio, United States

Illustrator for <u>phillipmartin.com</u> clip art site for teachers and educational resource <u>Pete's</u> <u>PowerPoint Station</u>.

- One of over twenty Columbus cartoonists featured in the Cartoon Carnival, a tribute to <u>James Thurber</u>, sponsored by the Thurber House Museum and Wild Goose gallery.
- Google featured success story in an <u>AdSense video</u> as well as Google success story for Ohio in their 2013 <u>Economic Impact Report</u>.
- Check out <u>Hall of Fame</u> to see what's been going on from Paris to the Galapagos
 Islands and Stratford on Avon to Papua New Guinea
- Microsoft featured teacher of the month at Encarta Schoolhouse for GRAND PRIZE winning lessons and web sites on both <u>Hammurabi</u> and <u>Liberian Folk</u> <u>Tales</u> including <u>Black Snake and the Eggs</u>, <u>Spider and the Honey Tree</u> and <u>The Chief</u> <u>Was No Fool</u>.
- <u>CERCOS Presenter</u> on subjects ranging from Ancient China to the use of Folk Tales in the classroom in Hong Kong, Beijing and Shanghai. The presentations include my original lesson for "<u>Oracle Eggs</u>" instead of using bones.
- <u>Beyond War Award</u> for Peace Corps service
- Who's Who Among American Universities and Colleges
 http://www.phillipmartin.info/webpage/RESUME/text_resume.htm

Read more about Phillip Martin http://www.safetolearn.com/artist-phillip-martin.html



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